



Gravitational Potential Energy

If a rock rolls down a mountainside, it has the ability to do work at the bottom: it can exert a force over a distance and cause another rock to move. A textbook dropped on your toe does work - it exerts a force over a small distance and it hurts!

The rock did not do work as it sat on the top of the mountain and the textbook did not do work as it sat on the desk yet they had the 'potential' to do work. As gravity pulls these objects towards earth, the objects gain the ability to do work.

Gravitational Potential Energy: (E_g) is the energy that an object has as a result of its distance from a celestial body like Earth. E_g is measured in Joules (J).

Gravitational **Potential** Energy can be **stored** (hence the 'potential') anytime an object is raised up and kept at that height. Often we talk about roller coasters (they have Grav. Potential energy at the top of the hills!), or cars going up and down hills (top of hill has lots of E_g , bottom of hill has none) or balls bouncing (up higher = lots E_g , down lower = less E_g).

Formula:

We know $W = F\Delta d$ (#1) and that falling objects can do work.

$F_g = mg$ (#2) What force does the falling object exert? The force of gravity.

$W = mg\Delta d$ Plug in 'mg' for 'F' in #1

$W = mg\Delta h$ Δd we rename 'height' when things are falling and we simplify this to 'h'

So the E_g stored at the 'top' of a given height is

$$E_g = mg\Delta h$$

where E_g = Gravitational Potential Energy (J)

m = mass (kg)

g = gravitational intensity which is 9.8 N/kg on Earth.

Δh = height (m)

Gaining/Losing E_g

Remember that the higher something is, the more E_g it has; the lower something is, the less E_g it has. As an object rises, it gains E_g and as it falls it loses E_g .